

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Exercise (L) 9:30 IL Resident Council Mtg. (S) 10:15 Spiritual Maturity (A) 11:00 Exercise (L) 2:30 Blanket Making service Project (A) 6:00 Memorial Service (C)	2 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Dollar Tree OR Banks 1:00 Bible Study (C) 1:30 Food Mtg. (L) 2:30 Skin Cancer awareness by Frank's Derm. (C)	3 11:00 Exercise (L) 2:30 Bingo sponsored by Pharmacy at Wellington (L)
4 Daylight Saving Time Ends 10:30 Church (C)	5 9:00 Exercise (L) 11:00 Exercise (L) 12:00 Caregiver support (C) 2:30 S'mores by the fire pit in the courtyard. Come enjoy the bon fire! 6:30 Bingo (S)	6 Election Day  9:00 Exercise (L) 10:00 Transportation to Grace Pres. to vote 10:30 Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by Walgreen Rodney Parham (L)	7 7:00 Dr. Cohen in HCC 8:30 Depart for LifeQuest 9:00 Exercise (L) 10:30 Devotional (C) 11:00 Exercise (L) 1:30 Dominos (GR) 2:30 Tai Chi (C) 3:00 Scrabble (S)	8 9:00 Exercise (L) 10:15 Spiritual Maturity (A) 11:00 Exercise (L) 2:00 Kindness Crew to *FP 2:30 "The 39er's" singing group from South Highland Baptist Church (C)	9 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger OR Banks 1:00 Bible Study (C) 2:30 Veteran's Day Program (C)	10 11:00 Exercise (L) 2:30 Bingo with Joe (L) AR vs LSU
11 Veterans Day 10:30 Church (C)	12 9:00 Exercise (L) 9:30 Coffee & Donuts (L) 9:30 Sydney's Alterations (S) 11:00 Exercise (L) 3:00 Wine and Cheese Music by Bill Henson (L) 6:30 Bingo (S)	13 9:00 Exercise (L) 10-12:30 Health presentations by UAMS nurses (C) 10:30 Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by Don's Pharmacy (L)	14 9:00 Exercise (L) 10:30 Devotional (C) 11:00 Exercise (L) 1:30 Walmart Shopping 2:30 BUNKO!	15 9:00 Exercise (L) 10:15 Spiritual Maturity (A) 10:50 Lunch bunch to Charlotte's in Keo 11:00 Exercise (L) 2:30 Kindness Crew (A) <i>There will not be a social this month due to renovations.</i>	16 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger OR Banks 1:00 Bible Study (C) 2:30 Bean Bag Baseball (L) 2:30 Phase 10 (GR)	17 11:00 Exercise (L) 2:30 Songs of the Harvest with Uncle Fred and Suzanne (C) AR vs Mississippi State
18 10:30 Church (C)	19 9:00 Exercise (L) 11:00 Exercise (L) 2:30 Presentation by AR Historic Preservation Center (C) 6:30 Bingo (S)	20 9:00 Exercise (L) 10:30 Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by Allcare Pharmacy (L)	21 7:00 Dr. Cohen in HCC 9:00 Exercise (L) 10:30 Devotional (C) 11:00 Exercise (L) 1:30 Fletcher Library 1:30 Dominos (GR) 2:30 Tai Chi (C) 3:00 Scrabble (S)	22 	23 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger OR Banks 1:30 AR Razorback vs. Missouri Tigers watch Party In the Lodge	24 11:00 Exercise (L) 2:30 Bingo (L)
25 10:30 Church (C)	26 9:00 Exercise (L) 9:30 Coffee & Donuts (L) 9:30 Sydney's Alterations (S) 11:00 Exercise (L) 2:30 Auxiliary Social sponsored by the Auxiliary Board (L) 6:30 Bingo (S)	27 9:00 Exercise (L) 10:30 Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by Westover Hills Thurs night prayer group (L)	28 9:00 Exercise (L) 10:30 Devotional (C) 11:00 Exercise (L) 1:30 Walmart Shopping 3:30 Book Club (A)	29 9:00 Exercise (L) 10:15 Spiritual Maturity (A) 11:00 Exercise (L) 2:30 Park Hill Baptist Church Heartstrings (C)	30 9:00 Exercise (L) 10-12:30 Gold Rush Jewelry (L) 11:00 Exercise (L) 1:00 Kroger OR Banks 1:00 Bible Study (C) 2:30 Painting w/ Jessie (A)	<div style="border: 1px solid black; padding: 5px;"> L—Lodge A—Assembly Room S—Sun porch C— Chapel GR— Game Room CR—Conference Room *FP— Food pantry </div>