

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Church & Communion (C)	2 Labor Day 9:00 Exercise (L) 10:30 Cookout in the Courtyard 11:00 Exercise (L) 6:30 Bingo (S)	3 9:00 Exercise (L) 10:30 Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by Walgreens (L)	4 7:00 Dr. Cohen (S) 9:00 Exercise (L) 10:30 Meditation (C) 11:00 Exercise (L) 1:30 Target Shopping 1:30 Dominos (LL) 2:30 Tai Chi (L) 3:00 Scrabble (S)	5 9:00 Exercise (L) 9:30 IL Resident Council Meeting (CR) 10:15 Spiritual Maturity (A) 11:00 Exercise (L) 1:00 Banks 2:30 Residents, friends & family Birthday Party (L)	6 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Dollar Tree 2:00 Food Meeting (L) 2:30 Kindness Crew service project Blanket Making (CR)	7 11:00 Exercise (L) 2:30 Bingo sponsored by Pharmacy at Wellington (L) AR at Ole Miss
8 10:30 Church (C) Grandparents Day	9 9:00 Exercise (L) 11:00 Exercise (L) 12:00 Caregiver support (C) 3:00 Wine and Cheese Party with music by Diana Hopper on piano (L) 6:30 Bingo (S)	10 9:00 Exercise (L) 10:00 Dedication of Clippard Conference Room (L) 10:30 NO Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by Don's Pharmacy (L)	11 9:00 Exercise (L) 10:30 Meditation (C) 11:00 Exercise (L) 1:30 Walmart Shopping 1:00-3:00 AR Democrat Gazette will be here to help you learn how to read the newspaper on the Ipad (C)	12 9:00 Exercise (L) 10:15 Spiritual Maturity (A) 11:00 Exercise (L) 1:00 Banks 2:00 Kindness Crew to *FP 2:30 BUNKO! (L)	13 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger Shopping 1:15 Bible Study with Rev. Dyer (CR) 2:30 Choctaw Crawdads (C)	14 11:00 Exercise (L) 2:30 Bingo with Joe (L) 3:00 AR vs. Colorado State
15 10:30 Church (C)	16 9:00 Exercise (L) 9:30 Coffee & Donuts (L) 11:00 Exercise (L) 11:15 Lunch Bunch goes to Olive Garden 2:30 Last week of Sumer Slushies (L) 6:30 Bingo (S)	17 9:00 Exercise (L) 10:30 Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by AllCare Pharmacy (L)	18 8:30 Depart for Lifequest 7:00 Dr. Cohen (S) 9:00 Exercise (L) 10:30 Meditation (C) 11:00 Exercise (L) 1:30 Fletcher Library or Walgreens 1:30 Dominos (LL) 2:30 Tai Chi (L) 3:00 Scrabble (S)	19 9:00 Exercise (L) 10:15 Spiritual Maturity (A) 11:00 Exercise (L) 1:00 Banks 2:30 Episcopal Communion (C) 5:00 Song, Social & Supper Sail Away with the sounds of Phil G & Lori Marie! Cottages & guests sign up by 4:00 pm Wed.	20 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger Shopping 1:15 Bible Study (CR) 2:30 Quilt presentation by Stacey Hammons – each block represents a woman in the Bible (C)	21 11:00 Exercise (L) AR vs. San Jose State
22 10:30 Church (C)	23 First Day of Autumn 9:00 Exercise (L) 11:00 Exercise (L) 2:30 Auxiliary Social Sponsored by Trinity UMC (L) 6:30 Bingo (S)	24 9:00 Exercise (L) 10:30 Hymn Sing (L) 11:00 Exercise (L) 1:00 Kroger Shopping 2:30 Bingo sponsored by Westover Hills Prayer grp (L) 3:15 Jay Fredrich Presents Panama Canal 3rd lock (C)	25 8:30 Depart for Lifequest 9:00 Exercise (L) 10:30 Meditation (C) 11:00 Exercise (L) 1:30 Walmart Shopping 3:30 Book Club (CR)	26 8:30 Men's Breakfast Speaker: FBI Agent 9:00 Exercise (L) 10:15 Spiritual Maturity (A) 11:00 Exercise (L) 1:00 Banks 2:30 Good ole Music with Bill Hinson (C)	27 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger Shopping 1:15 Bible Study (CR) 2:30 Share your story w/ AR Historic Preservation (C)	28 11:00 Exercise (L) 2:30 Bingo (L) AR vs. Texas A&M
29 10:30 Church (C) 2:30 Birthday Party for Louise Bloom– All are invited (C) Rosh Hashanah begins at sundown	30 9:00 Exercise (L) 10:30 Happiness Singers (C) 11:00 Exercise (L) 2:30 Sunflower Painting with Jessie (A) 6:30 Bingo (S)	<div style="border: 1px solid black; padding: 5px;"> L—Lodge A—Assembly Room S—Sun porch C— Chapel CR—Conference Room LL— Lodge Library *FP— Food pantry </div>				