

# October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:00 Exercise (L) <b>10:30 Hymn Sing (L)</b> 11:00 Exercise (L) 1:00 Kroger Shopping <b>2:30 Bingo sponsored by LR Funeral Home (L)</b>	<b>2</b> 8:30 Depart for Lifequest 7:00 Dr. Cohen (S) 9:00 Exercise (L) <b>10:30 Meditation (C)</b> 11:00 Exercise (L) 1:30 Target Shopping <b>1:30 Dominos (LL)</b> <b>2:30 Tai Chi (L)</b> <b>3:00 Scrabble (S)</b>	<b>3</b> 9:00 Exercise (L) 9:30 IL Resident Council Meeting (CR) <b>10:15 Spiritual Maturity (A)</b> 11:00 Exercise (L) 1:00 Banks <b>2:30 Residents, friends &amp; family Birthday Party (L)</b>	<b>4</b> 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Dollar Tree <b>2:00 Food Meeting (L)</b> <b>2:30 Kindness Crew service project Blanket Making (CR)</b>	<b>5</b> 11:00 Exercise (L)  <b>2:30 Bingo sponsored by Pharmacy at Wellington (L)</b>
<b>6</b> <b>10:30 Church &amp; Communion (C)</b>	<b>7</b> 9:00 Exercise (L) <b>9:30 Coffee &amp; Donuts (L)</b> 11:00 Exercise (L) <b>12:00 Caregiver support (C)</b> <b>2:30 Fire Safety LRFD (C)</b> <b>3:15 Piggy Bankers (L)</b> <b>6:30 Bingo (S)</b>	<b>8 Yom Kippur Begins</b> 9:00 Exercise (L) <b>10:30 Hymn Sing (L)</b> 11:00 Exercise (L) 1:00 Kroger Shopping <b>2:30 Bingo sponsored by Crews &amp; Assoc. (L)</b>	<b>9</b> 8:30 Depart for Lifequest 9:00 Exercise (L) <b>10:30 Meditation (C)</b> 11:00 Exercise (L) 1:30 Walmart Shopping <b>2:30 BUNKO! (L)</b>	<b>10</b> 9:00 Exercise (L) <b>10:15 Spiritual Maturity (A)</b> 11:00 Exercise (L) 1:00 Banks 2:00 Kindness Crew to *FP <b>2:30 Jay Fredrich presents Aqueducts, Bridges, Canals in England &amp; Scotland (C)</b>	<b>11</b> 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger Shopping <b>1:15 Bible Study with Rev. Dyer (CR)</b> <b>2:30 Music with Judge Vic Fleming (C)</b>	<b>12</b> 11:00 Exercise (L)  <b>2:30 Bingo with Joe (L)</b>  Razorbacks at Kentucky
<b>13</b> <b>10:30 Church (C)</b>	<b>14 Columbus Day</b> 9:00 Exercise (L) 11:00 Exercise (L) <b>3:00 Wine and Cheese Party with music by Diana Hopper on piano (L)</b> <b>6:30 Bingo (S)</b>	<b>15</b> 9:00 Exercise (L) <b>10:30 Hymn Sing (L)</b> 11:00 Exercise (L) <b>12-1:30 FLU SHOTS (CR)</b> 1:00 Kroger Shopping <b>2:30 Bingo sponsored by Cornerstone Pharmacy (C)</b>	<b>16</b> 8:30 Depart for Lifequest 7:00 Dr. Cohen (S) 9:00 Exercise (L) <b>10:30 Meditation (C)</b> 11:00 Exercise (L) 1:30 Fletcher Library or Walgreens <b>1:30 Dominos (LL)</b> <b>2:30 Tai Chi (L)</b> <b>3:00 Scrabble (S)</b>	<b>17</b> 9:00 Exercise (L) <b>10:15 Spiritual Maturity (A)</b> 11:00 Exercise (L) 1:00 Banks <b>5:00 Chili Cook-Off in the courtyard. Tickets are \$25 for adults \$10 for kids</b>	<b>18</b> 9:00 Exercise (L) 11:00 Exercise (L) 1:00 Kroger Shopping <b>1:15 Bible Study with Rev. Dyer (CR)</b> <b>2:30 Beanbag Baseball (C)</b>	<b>19</b> 11:00 Exercise (L) <b>2:30 Oak Park Baptist Choir (C)</b>  Razorbacks vs. Auburn
<b>20</b> <b>10:30 Church (C)</b>	<b>21</b> 9:00 Exercise (L) <b>9:30 Coffee &amp; Donuts (L)</b> 11:00 Exercise (L) <b>11:15 Lunch Bunch goes to Cheddar's</b> <b>2:30 AR Historic Preservation Program (C)</b> <b>6:30 Bingo (S)</b>	<b>22</b> 9:00 Exercise (L) <b>10:30 Hymn Sing (L)</b> 11:00 Exercise (L) 1:00 Kroger Shopping <b>2:30 Bingo sponsored by Visiting Angels (L)</b>	<b>23</b> 8:30 Depart for Lifequest 9:00 Exercise (L) <b>10:30 Meditation (C)</b> 11:00 Exercise (L) 1:30 Walmart Shopping <b>3:30 Book Club (CR)</b>	<b>24</b> <b>8:30 Men's Breakfast</b> 9:00 Exercise (L) <b>10:15 Spiritual Maturity (A)</b> 11:00 Exercise (L) 1:00 Banks <b>2:30 Good ole Music with Bill Hinson (C)</b>	<b>25</b> 9:00 Exercise (L) 11:00 Exercise (L) <b>11:30 AR Tailgate cookout with LR Funeral Home</b> 1:00 Kroger Shopping <b>1:15 Bible Study with Rev. Dyer (CR)</b> <b>2:30 Inspired Coloring (C)</b>	<b>26</b> 11:00 Exercise (L)  <b>2:30 Bingo (L)</b>  Razorbacks at Alabama
<b>27</b> <b>10:30 Church (C)</b>	<b>28</b> 9:00 Exercise (L) 11:00 Exercise (L) <b>2:30 Auxiliary Social Sponsored by Park Hill Presbyterian Church (L)</b> <b>6:30 Bingo (S)</b>	<b>29</b> 9:00 Exercise (L) <b>10:30 Hymn Sing (L)</b> 11:00 Exercise (L) 1:00 Kroger Shopping <b>2:30 Bingo sponsored by Mr. Paul Owen (L)</b>	<b>30</b> 8:30 Depart for Lifequest 9:00 Exercise (L) <b>10:30 Meditation (C)</b> 11:00 Exercise (L) <b>3:30 The Johnstown Flood movie- True story of American History 1889</b>	<b>31 Halloween</b> 9:00 Exercise (L) <b>10:15 Spiritual Maturity (A)</b> 11:00 Exercise (L) 1:00 Banks <b>2:30 Halloween Party! Wear your costume or Halloween sweater (L)</b>	<div style="border: 1px solid black; padding: 5px;">                         L—Lodge                          A—Assembly Room                          S—Sun porch                          C— Chapel                          CR—Conference Room                          LL— Lodge Library                          *FP— Food pantry                     </div>	