






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Nat'l Park Tour Video and Trivia Banff Canada (L)	2 9:00 Scrabble (S) 11:00 AR vs Georgia (ESPN: Comcast Channel 6)
3 10:30 Church and Communion (C) 2:00 Canasta (S)	4 9:00 Exercise (L) 9:30 Coffee and Donuts (L) 10:00 Exercise (L) 10:30 Manicure Monday(RC) 2:30 Wine and Cheese w/ piano music by Diana (L) 3:30 Tai Chi	5 <u>Flu Shots 9am Chapel</u> 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Markham 2:30 Bingo with Joe (L) 3:30 Residential Care: Bingo 4:30 Happy 1/2 hour (L)	6 8:00 Dr. Cohen (S) 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Midweek Worship (C) with Chaplain Stacey	7 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 1:00 Bridge (S) 2:00 Inspired Coloring (CR) 3:16 Hallway Prayer 3:30 Residential Care: Church/Communion	8 9:00 Exercise (L) 10:00 Exercise (L) 2:30 October Birthday Party! Let's celebrate all who have October birthdays (L) 	9 9:00 Scrabble (S) 11:00 AR vs. Ole Miss
10 10:30 Church (C) 2:00 Canasta (S)	11 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Trinity UMC Flute duet and ensemble (C) 3:30 Tai Chi	12 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Colony West 2:30 Bingo sponsored by Westover Hills Pres.(L) 3:30 Residential Care: Bingo	13 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Midweek Worship (C) with Chaplain Stacey 3:15 Piggy Bankers (L)	14 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 1:00 Bridge (S) 2:00 Dominos (GR) 3:16 Hallway Prayer 3:30 Residential Care: Church	15 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Popcorn and a movie (L) Showing: "Pom's" 	16 9:00 Scrabble (S) AR vs. Auburn
17 10:30 Church (C) 2:00 Canasta (S)	18 <u>Booster shot at Lunch</u> 9:00 Exercise (L) 9:30 Coffee and Donuts (L) 10:00 Exercise (L) 10:30 Manicure Monday(RC) 2:30 Blanket Making 3:30 Tai Chi	19 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Markham 2:30 Bingo (L) 3:30 Residential Care: Bingo	20 8:00 Dr. Cohen (S) 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Rosary Prayer (C) 2:30 Midweek Worship (C) with Chaplain Stacey 3:15 Piggy Bankers (L)	21 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 1:00 Bridge (S) 2:00 Fall Craft (CR) 3:16 Hallway Prayer 3:30 Residential Care: Church	22 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Fall Painting Class w/ Jessie (A) 	23 9:00 Scrabble (S) AR vs. UAPB at War Memorial
24 10:30 Church (C) 2:00 Canasta (S)	25 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Auxiliary social (L) sponsored by Park Hill Pres 3:30 Tai Chi	26 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Colony West 2:30 Bingo (L) 3:30 Residential Care: Bingo	27 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Trinity Episcopal (C) Cathedral Eucharist Service 3:15 Book Club (CR)	28 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 1:00 Bridge (S) 2:00 Inspired Coloring (CR) 2:00 Dominos (GR) 3:16 Hallway Prayer 3:30 Residential Care: Church	29 9:00 Exercise (L) 10:00 Exercise (L) 2:00 Halloween Parade and Party. Wear your costume or favorite Halloween Outfit!	30 9:00 Scrabble (S)
31 Halloween 10:30 Church (C) Rev. Carol Clark 2:00 Canasta (S)						L—Lodge A—Assembly Room S—Sun porch C— Chapel CR— Conference room GR— Game Room RC— Residential Care