





May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Church & Communion (C) 2:00 Canasta (S)	2 9:00 Exercise (L) 9:30 Coffee & Donuts (L) 10:00 Exercise (L) 1:00 Lifequest virtual guest speaker: Patricia Blick - Quapaw Quarter Association Tour of Homes (C) 3:30 Seated Tai Chi (L) 5:00 Central High student musicians (L)	3 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Markham 2:30 Bingo with Joe (L) 3:30 Residential Care: IN2L Fun!	4 8:00 Dr. Cohen (S) 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Mid-week Worship (C) 3:15 May Crafting Class: Make paper hyacinth flowers w/Jessie (CR)	5 Cinco de Mayo 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 1:00 Bridge (S) 1:30 Dominos w/Joe (GR) 2:30 Watching season 2 "Anne w/an E" eps. 5 (L) 3:30 Church/hymns (RC)	6 9:00 Exercise (L) 10:00 Exercise (L) 1:00 Banks 3:00 Mother's Day Literal Fashion Show and reception (C)	7 9:00 Scrabble (S)
8 Mother's Day 10:30 Church (C) 2:00 Canasta (S)	9 9:00 Exercise (L)  10:00 Exercise (L) 11:00 Lifequest virtual guest speaker: Eliza Borne – Programs offered at CALS (C) 2:30 Wine and Cheese w/ piano music by Diana (L) 3:30 Seated Tai Chi (L)	10 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Colony West 2:30 Bingo sponsored by Westover Hills Pres. (L) 3:30 Residential Care: IN2L Fun!	11 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Mid-week Worship (C) 3:15 Piggy Bankers (L)	12 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 12:00 Courtyard Cookout 12:00 2nd Pres. Lunch (CR) 1:00 Bridge (S) 1:30 Dominos (GR) 2:30 Watching season 2 "Anne w/an E" eps. 6 (L) 3:30 Church/hymns (RC)	13 9:00 Exercise (L) 10:00 Exercise (L) 2:30 May Birthday Party Let's celebrate all residents with May Birthdays! (L)	14 9:00 Scrabble (S)
15 10:30 Church (C) 2:00 Canasta (S)	16 9:00 Exercise (L) 9:30 Coffee & Donuts (L) 10:00 Exercise (L) 1:00 Lifequest virtual guest speaker: Tricia Spione - Historic Arkansas Museum Spring programs (C) 2:30 Blanket making (CR) 3:30 Seated Tai Chi (L)	17 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Markham 2:30 Bingo (L) 3:30 Residential Care: IN2L Fun!	18 8:00 Dr. Cohen (S) 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Rosary Prayer (C) 2:30 Mid-week Worship 3:15 Piggy Bankers (L)	19 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 1:00 Bridge (S) 1:30 Dominos w/Joe (GR) 2:30 Watching season 2 "Anne w/an E" eps. 7 (L) 3:30 Church/hymns (RC)	20 9:00 Exercise (L) 10:00 Exercise (L) 1:00 Banks 3:00 Good ole Music with Bill Hinson (C)	21 9:00 Scrabble (S)
22 10:30 Church (C) 2:00 Canasta (S)	23 9:00 Exercise (L) 10:00 Exercise (L) 11:00 Lifequest virtual guest speaker: Jill Jones author of "Archaeology: Hidden Treasures" (C) 2:30 Auxiliary Social sponsored by Grace Pres. (L) 3:30 Seated Tai Chi (L)	24 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Colony West 2:30 Bingo (L) 3:30 Residential Care: IN2L Fun!	25 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Mid-week Worship (C) 3:30 CALS Book Club (CR)	26 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Spiritual Maturity (A) 1:00 Bridge (S) 1:30 Dominos (GR) 2:30 Watching season 2 "Anne w/an E" eps. 8(L) 3:30 Church/hymns (RC)	27 9:00 Exercise (L) 10:00 Exercise (L) 2:30 Movie and popcorn showing "Wild Oats" (L) Staring Shirley MacLaine, Jessica Lange, Demi Moore and Billy Connolly	28 9:00 Scrabble (S) 2:30 Bingo with Pat (L)
29 10:30 Church (C) 2:00 Canasta (S)	30 	31 9:00 Exercise (L) 10:00 Exercise (L) 10:30 Hymn Sing (A) 1:00 Kroger Markham 2:30 Bingo (L) 3:30 Residential Care: IN2L Fun!	Mexican Fiesta Lunch May 5 	Nurse Appreciation week starts May 6	Mother's Day Literal Fashion Show on May 6 	<div style="border: 1px solid black; padding: 5px;"> L—Lodge A—Assembly Room S—Sunporch C— Chapel CR— Conference room GR— Game Room RC— Residential Care </div>